



DAY FOUR

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REMEMBER THIS:

"Let us keep looking to Jesus."
HEBREWS 12:2, NIrV



SAY THIS:

Who wants to be your friend forever?
JESUS WANTS TO BE MY FRIEND FOREVER.



DO THIS:



Play "Peek-a-Boo" as you help your child bathe. Cover your eyes with a dry washcloth and say, "Jesus wants to be (uncover your eyes and say your child's name) friend forever!" Play again, only this time cover your child's eyes with a washcloth. Tell them to uncover their eyes when you say their name. Continue playing as long as your child is having fun.



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BASIC TRUTH:

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CULTIVATING A PRAYER HABIT

By Nina Shmigdall

When my son was four years old, we started to prompt him to contribute his own prayer requests as we were getting him settled into bed at night. "Buddy, why don't you go ahead and talk to God? You can give Him thanks for something or ask him for something or just share with him."

In his little voice, he would say, "Thank you God for my sister. Thank you for my fish . . . and my dresser . . . and my bed. Oh, and thank you for my pillow."

Even if the prayers were simple, my husband I were committed to cultivating a prayer habit with and for our kids. As our children have grown, their prayers become much more involved.

When we pray with and for our children, we place a foundation of prayer in their lives that will be answered for generations to come. Here are few ways to help your children develop a prayer habit in your family.

1. Model it.

Commit to a personal rhythm of prayer that will communicate its priority to your children. Share the way God is answering your prayers and leading you through your prayer time.

2. Pray consistently.

Turn prayer into a habit by making it a part of your routine. Kneel together with your

child each night before bed and ask them to share what is on their heart. Consider writing prayers in a journal with your child so you can see how God answers. Pray together in the car as you drive your child to school in the morning.

3. Pray specifically and boldly.

God likes answering bold and specific prayers because it becomes clear that He is the one at work. Commit to a specific and bold prayer as a family and pray for it together daily.

4. Pray scripture and blessing.

Consider a Scripture that you can pray over your children. Recite it to them each night or as they leave your home in the morning. For instance:

"May you grow in wisdom and stature and in favor with God and with man." (Luke 2:52)

Small steps of intentional prayer as a family will pay blessings for generations to come. Don't miss the opportunity to leave a legacy of prayer in your family.



For more blog posts and parenting resources, visit: ParentCue.org



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